

# The Carpenter's Helper

April 21, 2019

St. Thomas's Parish, Newark, DE

302-368-4644

[www.StThomasParish.org](http://www.StThomasParish.org)



**WELCOME!** Please introduce yourself to any of our parish family and complete our yellow Welcome Form found in the pew card-holder. Place the form into the alms basket or give it to an usher. Join us for fellowship in the Great Hall following services. Guests are invited to put on a handwritten blue name tag which an usher or greeter can give you. The ushers will also be glad to help with any questions you may have. Keep in touch via St. Thomas's web site at <http://stthomasparish.org/> or via St. Thomas's **Facebook** page. To join our Facebook community, you can go to our web site at <http://stthomasparish.org/> and click the Facebook ("F") link at the **top right**, log on to Facebook and *like* us.

## CHRIST IS RISEN!

***Stewardship*** -- Responsible Vestry Members – Rich Wadman & Denise Burgher

**CONTRIBUTION ENVELOPES AVAILABLE** – The 2019 contribution envelopes are still available. Please contact Jeanne Moore at [jeannesmoore1@verizon.net](mailto:jeannesmoore1@verizon.net) or 302-292-1326 or Barbara Graham at [44graham@comcast.net](mailto:44graham@comcast.net) or 302-598-4143 to arrange a pick up.

### **DID YOU KNOW YOU MAY BE ABLE TO USE YOUR IRA TAX-FREE?**

In December 2014 Congress enacted legislation making QCDs (qualified charitable distributions) permanent. If you're over age 70 1/2, you can send up to \$100,000 per year directly from your IRA to a qualifying charity -- including St. Thomas's. The distribution is excluded from your gross income making it tax free. For more information, contact Amy Keach or your tax advisor.

***Worship***– Responsible Vestry Members – Judy Grabowski & Ronnie Wilbur

**FOURTH SUNDAY CHOIR** - This year I am trying a new idea to help interest anyone out there to sing with the choir. Here is my plan: It is called *Fourth Sunday Choir*.

On the 4th Sunday of each month (not necessarily the last Sunday....) anyone who is interested in singing with the choir will be encouraged and welcomed. This will also involve the Thursday evening rehearsal just before that Sunday, for the first part of the rehearsal. The anthems for these Sundays will be fairly uncomplicated and the choir will already have rehearsed them. New singers will be able to sing either the melody or try one of the other parts, depending on their voice range.

This idea is different than the Summer Choir in that new singers will be expected to attend the prior Thursday's rehearsal for the first half-hour or so. If they can't then they wouldn't sing on the Sunday.

The strong choral tradition of St. Thomas's is in jeopardy unless a new wave of singers comes forth to make a commitment to our parish and our liturgy. Experiencing the joy and fellowship in the rehearsal room is an essential ingredient in understanding how important and rewarding this way of giving time and treasure is to the life of our parish.

Please consider giving this a try! If you miss out this week, join us next Fourth Sunday Choir will be on April 28, 2019.

Thank you, and....CHEERS! Marc Cheban

**CENTERING PRAYER AT ST. THOMAS** - *Be still and know that I am God.* Psalm 46:10

Centering Prayer is a method designed to facilitate the development of Contemplative Prayer by preparing our body, mind, and spirit to receive this gift. Join us on Wednesday evenings at 5:50 p.m. in the Parlor or for more information contact Joe Corsello at 302-369-0330 or [jmcorsello@gmail.com](mailto:jmcorsello@gmail.com)

**CENTERING PRAYER INTRODUCTORY WORKSHOP** - Do you yearn for the still, quiet voice of God? Do you want to explore how to open to the divine indwelling? Centering Prayer is a method designed to facilitate the development of contemplative Prayer by preparing our body, mind, and spirit to receive this gift. The Centering Prayer Introductory Program provides a basic definition of contemplative prayer in comparison to other kinds of prayer and expresses the intention of Contemplative Outreach to retrieve reclaim and re-appropriate the contemplative dimension of the gospel and share the gift of Centering Prayer *with people of all faiths*. **The Centering Prayer Workshop** will be held on **Saturday, April 27, 2019**, from 9:00 to 12:30. Please arrive 15 minutes early. Location: **St. Thomas' Episcopal Church, 276 S. College Ave, Newark, DE 19711**. To register, contact Kate Burchess at [kkburchess@gmail.com](mailto:kkburchess@gmail.com) or 443-406-7072. Please leave message with name and phone number. *Suggested Offering is \$20.*

**FLOWER DONATIONS** – There will be no flowers on the altar between March 10 and April 21 as it will be Lent. However, there are still plenty of opportunities to donate altar flowers available after Easter. Please refer to the listing on the left side Great Hall Door in the Narthex for available dates. Flowers may be donated to remember a loved one, or celebrate an occasion or person in your life. Flower Donation forms are available at the bottom of the sign-up sheet in the Narthex.

***Education*** – *Responsible Vestry Member – Kristin Sausville*

**CAMP ARROWHEAD** – Brochures are now available in the Narthex for the summer of 2019 at Camp Arrowhead. Additional information regarding applications and costs are available from Belinda Young-Payne.

**COPING WITH GRIEF** - The daily struggle of missing loved ones that are no longer with us is always hard. It can be particularly difficult for those who are dealing with loss to navigate through the changes that loss creates. The Reverend Deacon Cecily Sawyer Harmon, LCSW, and Dr. Lisa DiRenzo offer a grief group that meets the 1<sup>st</sup> and 3<sup>rd</sup> Sundays of the month at 9:15 a.m. in Deacon Cecily's office. No group on Easter Sunday.

**DISMANTLING THE NEW JIM CROW** – *What can I do?* The Coalition to Dismantle the New Jim Crow – Newark, meets on the third Monday of each month, from 6:00 – 7:30 pm. The organization has the support of 10 Newark faith communities and rotates meeting locations. If you are interested and would like more information, contact Cami Seward at 907-321-3336 or at [camiseward@gmail.com](mailto:camiseward@gmail.com)

**CHILDREN'S MINISTRIES LEADERS NEEDED** - Please consider the INVITATION to join the St. Thomas's children's ministries team. It is a wonderful ministry that richly blesses everyone involved. The children teach and inspire us as much as we do them. And the team members are tremendous support and inspiration to each other. We are so thankful for all the children and adults who have been and still are a part of the program. However, we need new faces to join us. Maybe God is calling you?

“Teaching” involves an average commitment of two Sundays a month and an hour or two of preparation the week you are the lead teacher. We teach in teams of two so you would be lead teacher an average of once a month. If you are more comfortable being the helper teacher each time, that is fine too. If you feel called to be a part of children's ministry in any way, please contact Belinda Young-Payne via email at [belmar43@aol.com](mailto:belmar43@aol.com) or by phone at 302-388-4017 (cell) or 302-832-8834 (landline).

**NOVEL THEOLOGY** – The reading list for the coming year's Novel Theology is below.

May 12 TBA

For further information please contact Susan Hechter at [susanahechter@gmail.com](mailto:susanahechter@gmail.com) or 302-738-9918.

***Evangelism*** – Responsible Vestry Members – Joe Corsello, Cana Hartman & Joy Lynam

**LADIES NIGHTS OUT** – Ladies we hope you have some ideas for the next *St. Thomas's Ladies Night Out*. Contact Sue Houghton with your thoughts or for more information [mshoughton@verizon.net](mailto:mshoughton@verizon.net)

***Pastoral Care*** – Responsible Vestry Members – Rejane DeMoraes & Marilyn Prime

**PASTORAL CARE MINISTRY** – The Pastoral Care Ministry provides many services to our parish family. When you know of a need or can lend a hand, please contact Donna Weaver at [dweaver214@gmail.com](mailto:dweaver214@gmail.com), your Vestry leaders Marilyn Prime and Rejane DeMoraes, or the parish office.

**RECTOR'S DISCRETIONARY FUND** – The plate offering for the first Sunday of each month goes to the Rector's Discretionary Fund. There are many people in need in our community. Please give generously.

**LAY HEALING MINISTRY** – Members of the Lay Healing Ministry Team are available every Sunday at the 10:30 service during the administration of the Eucharist and after the service at the Julian Porch. Anyone wishing to join the team is invited to attend the meeting or contact Sylvia Berta at [sylsings@aol.com](mailto:sylsings@aol.com) or 302-743-2899.

**CHRIS DONOHO MEDICINE MINISTRY** - Did you know that medical expense assistance is available from St. Thomas's Chris Donoho Medicine Ministry account? We have a small endowment in memory of Chris Donoho which generates interest designated to be used for medical expenses (doctor appointments, medicine, equipment, etc.). If you, or someone you know, is in need of help with medical expenses, please contact Fr. Howie or any member of the Finance Committee for details. Please do not let a lack of money keep you from taking the medications you need or from seeing a doctor.

***Service*** – Responsible Vestry Member

**BLUE HEN BOUNTY NEEDS RE-STOCKING-** The spring semester will soon be starting, and students will be hungry. *Blue Hen Bounty*, ECM's and St. Thomas' food pantry for U of D students is in need of food - especially **instant food like Easy Mac, canned tuna, and other instant one-serve meals, snacks such as crackers and granola bars, and non-perishable breakfast foods**. Please bring your contributions to the stage in the Great Hall.

**ECM DINNERS** – ECM has resumed their weekly Wednesday dinners and are in need of folks who would like to make the meal. Sign-up sheet is in the Narthex on the right side door leading into the Great Hall. For questions please contact Sally Price (302) 584-2224 or [SallyEymanPrice@gmail.com](mailto:SallyEymanPrice@gmail.com) or Denise Burgher (323) 627-4782 or [dburgher@udel.edu](mailto:dburgher@udel.edu) .

**HOLY HEARTS AND HELPING HANDS** - We ask your prayers and help to purchase a gift card that could help provide a tank of gas or buy some needed grocery staples at a local store. Please give them in the church office or put in an envelope marked **Gift Cards** and place in the offering plate. **Donations of gift cards are always welcome.**

**NEWARK AREA WELFARE COMMITTEE'S FOOD CUPBOARD** - There is a current need for folks to transport the food that has been collected over to Newark United Methodist Church. There is also a continuing need for **small jars of mayonnaise, grape or strawberry jam or jelly, canned fruit, and canned tomatoes**. Contributions go in the baskets as you enter the nave. The NAWC Food Cupboard **also needs volunteers** to distribute food at the Cupboard housed at the United Methodist Church on Main St. The Cupboard hours are from 2:00 p.m. – 3:00 p.m. Monday through Friday. For more information contact Susan Hechter at 302-738-9918 or [susanahechter@gmail.com](mailto:susanahechter@gmail.com)

**GO BAGS NEEDED** - Newark Empowerment Center is once again in seriously short supply of Go Bags. While there were many delivered around the holidays, those supplies have been exhausted. Time for a Go Bag party for youth groups, church groups, Scouts, office parties, or service organizations. The need never goes away. These Go Bags are used right here in Newark. If you would like somebody to speak about the homeless of Newark please let me know. I believe it will be very enlightening. Those of you who are regular NEC volunteers, please pass this email on in your church.

**HOW TO MAKE A GO BAG** - All assembled in a 1 gallon zip lock bag, with a napkin and spoon. Individual Chef Boyardee meals in microwaveable container, Snack cracker packs (cheese or peanut butter), Granola type bars, Individual Fruit cup or apple sauce, box or pouch drink.

**Diocesan News**

**PROVINCE III ECW 100<sup>th</sup> ANNUAL MEETING** – The 100<sup>th</sup> Annual Meeting of the Province III ECW will be held April 26 – 28, 2019 at the Valley Forge Casino Resort. “Making God’s House a Home” will be the theme for this meeting. Keynote Speakers will be The Rev. Faith Fowler and Bishop Daniel Gutierrez. Deadline for registering for the meeting is March 30. Hotel reservations should be made by April 3 in order to take advantage of the promo code “ECW”. The agenda, registration and hotel reservation information may be found on the bulletin board on the right side door leading into the Great Hall.



# Parish Calendar

*Location Key C: Classroom CO: Counting Office GH: Great Hall K: Kitchen MR: Music Room N: Nave  
P: Parlor U: Undercroft RO Rector's Office DO Deacon's Office TBD to be determined*

## Sunday, April 21, 2019

### The Sunday of the Resurrection: Easter Day

8:00 am N Holy Eucharist Rite I  
 9:00 am U No Youth Confirmation  
 9:15 am P Adult Education  
 9:15 am DO No Coping with Grief  
 9:15 am U Nursery  
 9:15 am U Children's Worship  
 10:30 am N Holy Eucharist Rite II  
 11:45 am GH, K Festive Coffee Hour and  
 Easter Egg Hunt  
 12:00 pm C No CREW Youth  
 7:00 pm GH UD Ballroom Dance Team

## Monday, April 22, 2019

6:30 am C Serenity at Sunrise  
 7:30 pm GH Scottish Country Dance

## Tuesday, April 23, 2019

6:30 am C Serenity at Sunrise  
 10:15 am U No Musikgarten  
 4:00 pm GH Diocesan Council  
 5:30 pm CO AIDS Delaware  
 7:00 pm GH UD Ballroom Dance Team  
 8:00 pm U Keep It Simple AA Meeting

## Wednesday, April 24, 2019

6:30 am C Serenity at Sunrise  
 10:30 am C Bible Study  
 4:00 pm GH Blue Hen Bounty  
 5:00 pm GH ECM  
 5:50 pm P Centering Prayer  
 8:00 pm GH South College Speakers

## Thursday, April 25, 2019

6:30 am C Serenity at Sunrise  
 7:30 pm MR Choir

## Friday, April 26, 2019

6:30 am C Serenity at Sunrise  
 12:00 pm U Al-Anon  
 6:30 pm U Women's AA Meeting

## Saturday, April 27, 2019

8:00 am – 1:00 pm Introduction to  
 Contemplative Prayer  
 Workshop

## Sunday, April 28, 2019

8:00 am N Holy Eucharist Rite I  
 9:00 am U Youth Confirmation  
 9:15 am P Adult Education  
 9:15 am U Nursery  
 9:15 am U Children's Worship  
 10:30 am N Holy Eucharist Rite II  
 11:45 am GH, K Coffee and Fellowship  
 7:00 pm GH UD Ballroom Dance Team



## Centering Prayer Introductory Workshop

Do you yearn for the still, quiet voice of God? Do you want to explore how to open to the divine indwelling? Centering Prayer is a method designed to facilitate the development of contemplative Prayer by preparing our body, mind, and spirit to receive this gift.

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**St. Thomas' Episcopal Church, 276 S. College Ave, Newark, DE 19711**

To register, contact Kate Burchess at [kkburchess@gmail.com](mailto:kkburchess@gmail.com) or 443-406-7072. Please leave message with name and phone number.

*Suggested Offering is \$20.*

Six facilitated continuing weekly sessions provide an opportunity to practice Centering Prayer in a group, watch a video and discuss it, and share the experiences of Centering Prayer. These sessions provide an expanded understanding of Centering Prayer, and support in the Centering Prayer practice. The dates and time for these sessions will be determined during Session 1.



*Note: Presenters are commissioned by Contemplative Outreach, Ltd, following intensive training and a year or more of mentor*

## **Contact Information**

276 South College Avenue, Newark, Delaware 19711  
Office phone number - 302-368-4644  
Church office hours Monday – Thursday 9:00 - 2:00 p.m.

Parish Office: 302-368-4644  
Website: <http://StThomasParish.org>  
Facebook page: StThomasEpiscopalChurchNewarkDelaware  
Parish Email: [email@StThomasParish.org](mailto:email@StThomasParish.org)

Rector: The Rev. Howell C. Sasser  
704-578-4724 [Howell.Sasser.Jr@gmail.com](mailto:Howell.Sasser.Jr@gmail.com)

Deacon: The Rev. Deacon Cecily Sawyer Harmon  
302-530-3493 [csawhar@udel.edu](mailto:csawhar@udel.edu)

Organist & Choir Director: Marc F. Cheban  
302-220-9680 [a1b2celeste@yahoo.com](mailto:a1b2celeste@yahoo.com)

Administrator:  
Children's Ministry: Belinda Young-Payne [belmar43@aol.com](mailto:belmar43@aol.com)  
302-368-4644

Youth Ministry: Alex Cook 302-593-9044  
[acookbook27@gmail.com](mailto:acookbook27@gmail.com)

Pastoral Care: Donna Weaver 302-753-1910  
[dweaver214@gmail.com](mailto:dweaver214@gmail.com)

Registrar: Wendy Campbell  
302-368-9562 [wjcampbell7@yahoo.com](mailto:wjcampbell7@yahoo.com)

Episcopal Campus Ministry (ECM): Denise Burgher, Convening Advisor  
[dburgher@ude.edu](mailto:dburgher@ude.edu) 323-627-4782  
Devon Miller-Duggan, Faculty Advisor  
302-388-4758

Business Manager:  
Sexton: Brian Smith 302-368-4644