

# The Carpenter's Helper

June 30, 2019



Look back and **THANK** God.  
Look forward and **TRUST** God.  
Look around and **SERVE** God.  
Look to Jesus and **FIND** God.

St. Thomas's Parish, Newark, DE  
302.368.4644  
[www.StThomasParish.org](http://www.StThomasParish.org)

**WELCOME!** Please introduce yourself to any of our parish family and complete our Welcome Form found in the pew cardholder. Place the form into the alms basket or give it to an usher. Join us for fellowship in the Great Hall following services. Guests are invited to put on a handwritten blue name tag which an usher or greeter can give you. The ushers will also be glad to help with any questions you may have. Keep in touch via St. Thomas's web site at <http://stthomasparish.org/> or via St. Thomas's Facebook page. To join our Facebook community, you can go to our web site at <http://stthomasparish.org/> and click the Facebook ("F") link at the **top right**, log on to Facebook and *like* us.

## **S.W.E.E.P.S.**

The name is an acronym for five aspects of church mission: Service, Worship, Evangelism, Education, Pastoral care, and Stewardship. Our vestry members lead these ministries, and would love for you to join in. Read on to see what exciting news is happening in each SWEEPS ministry!

### **Service**

*Responsible Vestry Member. Denise Burgher, Mark Burchess, Barbara Graham*

#### **BLUE HEN BOUNTY CONTINUES THIS SUMMER**

*Blue Hen Bounty*, ECM's and St. Thomas' food pantry for UofD students is in need of food-*especially* instant food like *Easy Mac*, canned tuna, and other instant one-serve meals, snacks such as crackers and granola bars, and non-perishable breakfast foods. Please bring your contributions to the bin by the name tags in Great Hall.

#### **HOLY HEARTS AND HELPING HANDS**

We ask your prayers and help to purchase a gift card that could help provide a tank of gas or buy some needed grocery staples at a local store. Please give them in the church

office or put in an envelope marked *Gift Cards* and place in the offering plate. Donations of gift cards are always welcome.

### GO BAGS NEEDED

Newark Empowerment Center is once again in seriously short supply of Go Bags. While there were many delivered around the holidays, those supplies have been exhausted. Time for a Go Bag party for youth groups, church groups, Scouts, office parties, or service organizations. The need never goes away. These Go Bags are used right here in Newark.

**HOW TO MAKE A GO BAG**. All assembled in a 1 gallon zip lock bag, with a napkin and spoon. Individual Chef Boyardee meals in microwavable container, Snack cracker packs (cheese or peanut butter), Granola type bars, Individual Fruit cup or apple sauce, box or pouch drink.

## Worship

*Responsible Vestry Members – Jeannie McCann, and Ronnie Wilbur*

### CENTERING PRAYER AT ST. THOMAS

*Be still and know that I am God. Psalm 46:10*

Centering Prayer continues through the summer. This is a method designed to facilitate the development of Contemplative Prayer by preparing our body, mind, and spirit to receive this gift. Join us on Wednesday evenings at 5:50 p.m. in the Parlor, or for more information contact Joe Corsello at 302.369.0330 or [jmcorsello@gmail.com](mailto:jmcorsello@gmail.com).

### FLOWER DONATIONS

Altar flowers may be donated to remember a loved one, or to celebrate an occasion or person in your life. Available dates are listed on the bulletin board on the great hall door as you enter through the front red doors of the church. The flower donation forms are available at the bottom of the sign-up sheet. The forms may be dropped off in the office, placed in the Sunday collection basket or mailed into the office. Call the church office if you have questions 302.368.4644.

## Education

*Responsible Vestry Member – Kelly Tompkins, Joe Corsello, Rejane de Moraes*

### SUMMER CHILDRENS WORSHIP

- From May 27 to September 2, the St Thomas nursery for children aged birth to 3 years, “the crèche”, will be open from 10:15 to the end of the 10:30 service.

- Summer Children’s Worship for children 3 years and older will begin on **June 10** and run through **August 19**. Our summer theme this year is The Fruit of the Spirit, based on Galatians 5:22-23 (But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self control). Each week, we will learn about a different spiritual gift through scripture lessons, stories, hands-on play/art activities, service projects, and/or take home assignments to promote real life applications of the fruit of the Spirit. On most Sundays, this summer (when children’s worship leader is available), children are invited to the Undercroft from 10:30-11:10. The children will rejoin their families at the Peace. On some Sundays (when a children’s worship leader is not available), children will remain with their families and are invited to complete the activity in the Fruit of the Spirit bags found in the basket by the sanctuary door.
- Regular Sunday School will resume on **September 8, 2019**.
- If you have questions, need more information, or would like to volunteer to help this summer, please contact Belinda Young-Payne at 302-388-4017 or [belmar43@aol.com](mailto:belmar43@aol.com).

## **VBS**

Vacation Bible School: St. Thomas is not planning to host Vacation Bible School this summer. But stay tuned to your email for information about VBS in other area churches.

## **CAMP ARROWHEAD**

Brochures are now available in the Narthex for the summer of 2019 at Camp Arrowhead. Additional information regarding applications and costs are available from Belinda Young-Payne.

## **COPING WITH GRIEF**

The daily struggle of missing loved ones that are no longer with us is always hard. It can be particularly difficult for those who are dealing with loss to navigate through the changes that loss creates. The Reverend Deacon Cecily Sawyer Harmon, LCSW, and Dr. Lisa DiRenzo offer a grief group that meets the 1<sup>st</sup> and 3<sup>rd</sup> Sundays of the month at 9:15 a.m. in Deacon Cecily’s office.

## **DISMANTLING THE NEW JIM CROW**

*What can I do?* The Coalition to Dismantle the New Jim Crow – Newark, meets on the third Monday of each month, from 6:00 – 7:30 pm. The organization has the support of 10 Newark faith communities and rotates meeting locations. Please join us! For more information, contact Cami Seward at 907.321.3336 or at [camiseward@gmail.com](mailto:camiseward@gmail.com)

## *Evangelism*

Responsible Vestry Members – Jamie Sloan, Kelly Tompkins, and Barbara Graham

### COFFEE HOUR AND FELOWSHIP

The goal of coffee hour is to embody the welcome Jesus gives us to his realm. Its goal is intimacy, ordinary intimacy. It is kitchen talk. Toni Morrison said, “Is it any wonder the most intimate conversations take place in the kitchen, anguish poured out to an aproned back or sputtered over a chopping board?” When Morrison said this, I believe she meant coffee hour conversations. At their best, they are quick, deep, and self-revealing. They are our weekly chance to demonstrate the love of God incarnate to one another, and to ALL who walk through our doors.

At the coffee hour we have an opportunity to extend the hospitality we proclaim. There is a new sign-up sheet posted next to the kitchen. Please consider signing up to lend a hand. Coffee hour is not the afterthought of the worship service at all. Instead it is its reality test.

### ST. THOMAS’S LADIES NIGHTS FOR THE SUMMER

Come out and share some relaxing summertime conversations with the ladies of St. Thomas’s. We gather at 6:00 p.m for dinner and conversation. During the road construction this summer, we will do our part to help support the businesses on Main Street Newark. Sue Houghton will be traveling this summer so put these dates on your calendar. Contact Sue for more information [mshoughton@verizon.net](mailto:mshoughton@verizon.net)  
Wednesday July 17th: Taverna (Main Street)  
Monday August 19th: Home Grown Cafe (Main Street)

## *Pastoral Care*

Responsible Vestry Members – Rejane DeMoraes, and LaRue Manning

### PASTORAL CARE MINISTRY

The Pastoral Care Ministry provides many services to our parish family. When you know of a need or can lend a hand, please contact Donna Weaver at [dweaver214@gmail.com](mailto:dweaver214@gmail.com)

### RECTOR’S DISCRETIONARY FUND

The plate offering for the first Sunday of each month goes to the Rector’s Discretionary Fund: July 7th. There are many people in need in our community. Please give generously.

### LAY HEALING MINISTRY

*Are you having one of those days... weeks... months... We would love to pray with you!*

Members of the Lay Healing Ministry Team are available every Sunday at the 10:30 service during the administration of the Eucharist and after the service at the Julian

Porch. Anyone wishing to join the team is invited to attend the meeting or contact Sylvia Berta at [sylsings@aol.com](mailto:sylsings@aol.com) or 302.743.2899.

### CHRIS DONOHO MEDICINE MINISTRY

Did you know that medical expense assistance is available from St. Thomas's Chris Donoho Medicine Ministry account? We have a small endowment in memory of Chris Donoho which generates interest designated to be used for medical expenses (doctor appointments, medicine, equipment, etc.). If you, or someone you know, is in need of help with medical expenses, please contact Fr. Howie or any member of the Finance Committee for details. Please do not let a lack of money keep you from taking the medications you need or from seeing a doctor.

## *Stewardship*

*Responsible Vestry Members – DJ Ferguson, Joy Lynam, and Amy Keach*

### GET INVOLVED

*Stewardship means managing your time and talents for God.*

On the fence about signing up to serve in one of your church's ministries this summer? Here's why I want you to go for it.

#### 1. Your church really does need you.

Let's start with the practical. The truth is, **every church everywhere can always use volunteers!** In summer, many regular volunteers take a week off here or there for vacations, so the church is operating with an understaffed volunteer team. It's true that many ministries slow for summer, but they don't stop completely. Plenty of your church's members are still in town each week from May through August. All of this adds up to a great opportunity for you to start serving. So jump in! You never know who will be encouraged by your faithfulness, so be a blessing and get involved!

#### 2. God calls you to serve.

If the *need* isn't enough motivation for you, maybe the call is. The Bible is full of instances where God calls us to serve others. In fact, **Ephesians 2:10** (NIV) tells us God has *designed* us for good works: "For we are God's handiwork, **created in Christ Jesus to do good works, which God prepared in advance for us to do.**"

We're also called to be like Jesus: to live like He lived (1 John 2:6), love like He loved (John 15:12), and serve like He served (Mark 10: 44-45).

That's the essence of a church. It's not a building or a structure, it's a group of people joined together, growing in the Lord and bringing Christ to those who don't know Him. By actively serving, you're joining that mission!

### 3. You'll actually enjoy it.

There's a reason Proverbs 11:25 (NIV) tells us, "Whoever refreshes others will be refreshed." It's because helping others doesn't just benefit them. It's good for us too. When we sacrifice our own time and give of ourselves to others, we become more like Jesus. We become humble, compassionate, and tender-hearted. We've sacrificed something to give to others, but in turn, we feel richer, like we have a purpose. It also **opens doors to deeper relationships and stronger community**. Summer, when people are engaged in all kinds of fun activities, is the perfect opportunity to initiate those!

So, though there's nothing wrong with a nice vacation, it doesn't satisfy our souls as much as when we give of ourselves.

Summer is a great time to begin serving in church if you've never served before. My guess is that you'll find you love it. And you might also find that as summer winds down, you don't want to stop. I guarantee your rector and other ministry leaders would be more than happy to count on your volunteerism year-round!

### CONTRIBUTION ENVELOPES AVAILABLE

The 2019 contribution envelopes are available. Please contact Jeanne Moore at [jeannesmoorel@verizon.net](mailto:jeannesmoorel@verizon.net) or 302.292.1326 or Barbara Graham at [44graham@comcast.net](mailto:44graham@comcast.net) or 302.598.4143 to arrange a pick up.

### DID YOU KNOW YOU MAY BE ABLE TO USE YOUR IRA TAX-FREE?

In December 2014, Congress enacted legislation making QCDs (qualified charitable distributions) permanent. If you're over age 70 1/2, you can send up to \$100,000 per year directly from your IRA to a qualifying charity, including St. Thomas's. The distribution is excluded from your gross income making it tax free. For more information, contact Amy Keach or your tax advisor.

# Parish Calendar

Location Key C: Classroom CO: Counting Office GH: Great Hall K: Kitchen MR: Music Room  
N: Nave P: Parlor U: Undercroft RO Rector's Office DO Deacon's Office TBD to be determined

## Sunday, June 30, 2019

8:00 am N Holy Eucharist Rite I  
9:15 am P Adult Education  
9:15 am U Nursery  
10:30 am U Children's Worship  
10:30 am N Holy Eucharist Rite II  
11:45 am GH Coffee and Fellowship  
6:00 pm GH UD Ballroom Dance

## Monday, July 1, 2019

6:30 am C Serenity at Sunrise  
7:30 pm GH Scottish Country Dance

## Tuesday, July 2, 2019

6:30 am C Serenity at Sunrise  
5:00 pm CO AIDS Delaware  
6:00 pm GH UD Ballroom Dance  
8:00 pm U Keep It Simple AA

## Wednesday, July 3, 2019

6:30 am C Serenity at Sunrise  
10:30 am C Bible Study  
4:00 pm GH Blue Hen Bounty  
5:50 pm P Centering Prayer  
8:00 pm GH South College Speakers  
AA meeting

## Thursday, July 4, 2019

### Independence Day

6:30 am C Serenity at Sunrise

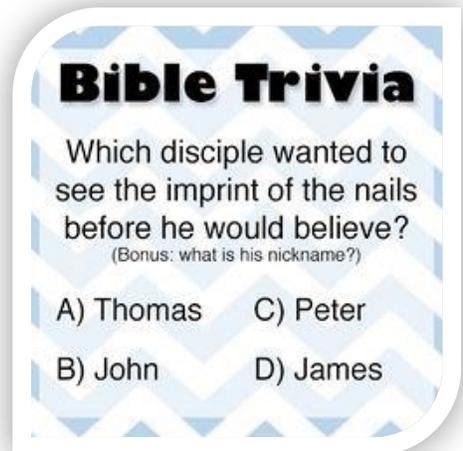
## Friday, July 5, 2019

6:30 am C Serenity at Sunrise  
12:00 pm U Al.Anon  
6:30 pm P Women's AA Meeting

## Saturday, July 6, 2019

## Sunday, July 7, 2019

8:00 am N Holy Eucharist Rite I  
9:15 am DO Coping with Grief  
9:15 am P Adult Education  
9:15 am U Nursery  
10:30 am U Children's Worship  
10:30 am N Holy Eucharist Rite II  
11:45 am GH Coffee and Fellowship  
6:00 pm GH UD Ballroom Dance



## Contact Information

276 South College Avenue, Newark, Delaware 19711  
Church office hours Monday – Thursday 9:00 - 2:00 p.m.

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Website: <http://StThomasParish.org>  
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