

April 5, 2020

St. Thomas's Episcopal Parish
276 S. College Ave Newark, DE
302.368.4644

weekly newsletter

The Carpenter's Helper

This Week...brings a new twist to HOLY WEEK WORSHIP

Did you receive the email request this week to help with feeding our homeless neighbors in Newark? If you missed it, or were unable to participate this time, please know that there will be more opportunities, until the Hope Dining Room and other meal providers can reopen.

If you are unable to contribute food items, but would like to participate, notes of encouragement to include in the meal bags as well as monetary donations to continue the ministry would be appreciated: you can send a donation to St. Thomas with "Feeding the Homeless" on the memo line, or contribute on the St. Thomas website's "Online giving" page.

We have been asked to not discuss this info with anybody but each other. If word gets out, we could get many more than we can handle and the clients who are part of this group know about this.

If you have any questions, please call Madeline Johnson 484-508-8557.

Please visit the sign up genius: <https://www.signupgenius.com/go/4090448ACAD2AA5F49-help>

**Don't forget
to do good and
to share with
those in need.
-Hebrews 13:16**

Online Worship Services for Holy Week

Online services for Holy Week will be updated as the information becomes available. Please check the DE Episcopal Diocese website for a list of online worship opportunities.

www.Delaware.church/covid-19-response

***The Episcopal Churches of
Sts Thomas and Nicholas will join together
to provide online worship opportunities***

EVERY DAY of Holy Week!

LIVE on YouTube

<http://stthomasparish.org/holy-week-2020-and-easter-services-update/>

Washington National Cathedral

Palm Sunday (11:15am), Maundy Thursday (7pm), Good Friday (noon), and Easter Sunday (11:15am)

YouTube and Facebook Live.

Let Us Pray

Please visit our website
for news and information.

Under the category "News and Sermons", you will find resources such as:

- online resources for prayer
- Christian blogs
- Christian literary journals

<http://stthomasparish.org/let-us-pray/>

Public Health Information

The Episcopal Church encourages everyone to adhere to the Centers for Disease Control's recommendations to prevent the spread of this virus to not unintentionally harm neighbors at home, at school, at work, or others in the community. Please check in with the DE Dept of Health and Social Services for updates.

<https://www.dhss.delaware.gov/dhss/>

During this time of quarantine and social distancing, many are taking this opportunity to draw closer to our Lord and Savior. We might feel isolated, however we all have a Best Friend who is available 24/7 and is as close as our hearts. The practice of Centering Prayer allows us to open to the presence and action of God, not only during the prayer period, but also during the activities of everyday life, regardless of how different that may be these days.

It offers an approachable way of deepening intimacy with God and increasing one's capacity to live a fully Christian life.

Please visit www.contemplativeoutreat.org. This website has many links to Thomas Keating and others about contemplation; it contains links to online centering prayer groups, links to centering prayer online training, and many others. You may enjoy exploring this website as it is full of so much for everyone!

-contributed by Kate Burchess

Our Prayer

"Let us offer prayers and blessings for all people and all nations of the Earth. Let us bless that, though intense, this will also become a time of conscious awakening and healing for everyone. We know, from the lessons of history, that great difficulties, disasters and challenging times also can strengthen and unify us by dissolving the differences that appear to divide us. Calamities often strengthen us internally, making us more deeply aware of the highest values of life. Troubling times encourages us to work together, to genuinely care for each other. Such events make us more aware of our collective strength when we work together as one united human family. May we grow in unity, love and understanding.

The Lord's Blessings be upon all people and nations affected at this time. May governments and all helpers move in an inspired, co-operative and harmonious way, so that collectively we are able to put right whatever needs to be put right within our capacity. Our prayer is that this disease comes to an end soon. We believe, trust, know this will happen.

This is a prayer for our entire world and its leaders. We pray that the greater, higher Truth which dwells inside us all raise us up in conscious awareness of our true nature and Being so that we become more kind, more open, more loving, wise, peaceful and powerful in the Truth we are. May we live fully in the joy of our real nature in accordance with the will of the Supreme God Almighty."

~ Moolibaba